



FOOTHILLS ART ASSOCIATION

## Upcoming Events

### October –Members Show

#### October 20

12N Submission Deadline for Wild Life in Art

#### October 22

Marsha Austin-Rogers  
Reception 2:30-5:30pm

#### October 27

Take Down October Show  
2:30-5:30pm

Accept/Non-Accept Notices  
sent out for Wild Life in Art

#### October 29

Take in for accepted art for  
Wild Life in Art  
10:00am-2:00pm

### November–Wild Life in Art Show

#### November 3

Members Meeting  
6:00-6:15pm

Artist Demo by  
Elizabeth Washburn  
6:15-7:30pm

#### November 5

Washburn Workshop  
10:00am-12:00N

#### November 7

Board Meeting  
10:00am

#### November 12

WIA Reception 4:30-6:30 pm

Gallery at Porter Hall  
4910 Memorial Drive  
University & La Mesa Blvd.  
(619) 464-7167

# FOOTNOTES

NOVEMBER 2022

<https://foothillsartassociation.com>



*Lifeguard by Elizabeth Washburn*

## The Demonstrating Artist for November is Elizabeth Washburn

Elizabeth was raised in the Midwest, but has spent much of her career on the West Coast. Elizabeth has exhibited her artwork in museums throughout Southern California.

In an effort to broaden her artistic efforts for the community, Elizabeth, in 2010, founded and is the executive director of a nonprofit art organization Combat Arts San Diego (<http://www.combatartssd.org/>) ([www.ArtMadeEazy.org](http://www.ArtMadeEazy.org)). With Combat Arts San Diego, Elizabeth uses art to help system-engaged youth and wounded veterans to manage trauma through art making. Using art as a therapeutic tool to heal, learn, and communicate, Elizabeth provides opportunities for teens and vets to meaningfully engage with the arts.

She will be demonstrating what she calls her “ideation technique”— a process she engages in to come up with ideas for her next painting. She creates content for her art that is intuitive and individualized.

Her demo is Thursday, Nov 3 at 6:15 pm and her workshop is Saturday Nov 5th from 10-12. Elizabeth will demo her process on Thursday (with audience members also participating). Workshop participants will then use the same process to create a painting (any media) at the workshop.

*(See more of Elizabeth’s work on Page 3)*

**PRESIDENT**

Peggy Connolly

**1<sup>st</sup> VICE PRESIDENT**

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**2<sup>ND</sup> VICE PRESIDENT**

Roberta Labastida

**3<sup>rd</sup> VICE PRESIDENT**

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Renee Ciufu

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**SHOW HANGING****COORDINATOR**

Barbara Drews

**WEBSITE COORDINATOR**

Robert Pinner

Contact all above by email:  
[foothillsartassoc@gmail.com](mailto:foothillsartassoc@gmail.com)

**Gallery**  
 619) 464-7167

**Message from the President**

Hello All-

I hope that everyone is doing well and that the temperatures are feeling a bit better for you now that October has arrived.

If you haven't been to the gallery yet you should stop by to see our NEW LOOK. The banners for the windows have been put up and I think they look sensational. I feel like the building has taken on a whole new feel and will help us to attract some new members and folks to wonder in and take a look!

The window treatments have taken a while to get done and it was certainly a group effort. I would like to thank Joan Merrick and Jeanette Steigner for their creative vision when coming up with the idea to enhance the exterior of our building. And a further thank you to all who submitted their beautiful work whether it exists as a banner or not.

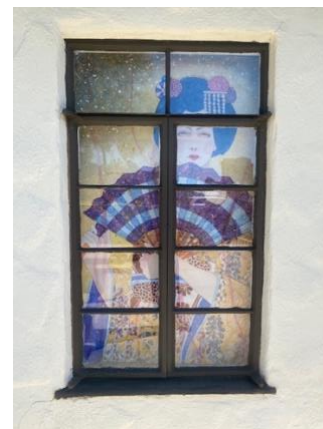
Another person who deserves a lot of credit is Bruce Burr who was kind enough to photograph the paintings for the banners so we could create the files to have the banners printed. Bruce has done this free of charge and will also be helping us with taking photos for the Wildlife in Art Show. Bruce is an amazing photographer and a wonderful human being, Bravo Bruce and thank you again! A huge thank you to our hanging team as well – Glenn Osga, Bruce Burr, Joan Merrick, and Sherma Lewis who was on window washing duty that day.

The City of La Mesa will also be repairing and painting the exterior windowsills and power washing the building, along with replanting new shrubbery. The gallery should be looking great for our reception in November.

Meanwhile, I hope that you are painting away so you can submit for the Wildlife in Art Show. Submission deadline is October 20<sup>th</sup>. I look forward to seeing your amazing paintings and spending time with you in the next couple of months.

I hope you are all very busy working on your Wildlife in Art submissions- I can't wait to see them! Have fun and enjoy.

Peggy Connolly  
 President

*Our windows with banners:*

**The Demonstrating Artist for November is Elizabeth Washburn** *(Continued from Page 1)*



*The Light by Elizabeth Washburn*



*Wind Chimes by Elizabeth Washburn*

**Glenn Osga Workshop in October**

A good time was had by all:



**FOOTHILLS ART ASSOCIATION  
SEPTEMBER 2022 BOARD MEETING**

The Foothills Art Association Board Meeting convened on Monday August 29th, 2022 at 10:00 a.m.

Attendees: Peggy Connolly, Roz Oserin, Judy Sawyer, Gary Dyak, Barbara Drews, Roberta LaBastida, Bonnie Owen, and Renee Ciufu.

1. The Octogenarian Show was a great success so the exhibit will become a yearly event. Barbara Drews volunteered to coordinate future exhibits.
2. There were 26 submissions for the window banner displays and the committee chose thirteen. Peggy motioned that we make an extra banner for the Wildlife in Art show and use Charlotte Anderson's painting as promotional material. Roz seconded the motion and it was unanimously passed.
3. The Small Image Show registration is up on our website. Drew Bandish will be the juror. The reception is on September 17th from 4:30 to 6:30. Awards will be given at 5:30.
4. We are on schedule for the Wildlife in Art show. We have six San Diego Zoo tickets. One set of tickets will be given away as a Jurors Choice award, another set will be given as a People's Choice Award and the final set will be raffled off at the reception. Members and nonmembers will be asked to provide food for the reception. The amount for the 3rd place will be increased to \$150.00. The Sky Hunters organization will again bring some of their rescued birds to the WIA reception.
5. Roberta is the contact person for gallery supplies.
6. Judy reported that Roberta Dyer will be our September Demonstrator and give a Workshop on September 10th from 10a.m. to 1p.m. Future demonstrators are Marsha Austin-Rogers in October and Linda Morton in December.
7. A proposal to do a joint venture with the La Mesa Historical Society and the Foothills Art Association was brought to the board. After deliberation, the proposal was rejected.
8. Judy will coordinate with Tina for the January Student Art Show.
9. The annual Member Appreciation and Holiday Party will once again be held on the first Thursday in December. We will also have our Art Rummage sale. This is the time to clean out your studios, homes and garages of reusable, gently used art supplies, Art books and frames that you would like to donate to this event. Drop-off dates will be announced soon.

The next FAA Board Meeting will be an "in-person" meeting at Foothills on Monday, November 7th at 10 a.m. The meeting was adjourned at 11:00am.

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