



FOOTHILLS ART ASSOCIATION

# FOOTNOTES

[www.foothillsartassociation.com](http://www.foothillsartassociation.com)

MARCH 2018

Happening at the Gallery

**March 1**

Pick-up & Take-in  
11 am – 4 pm

Social/Meeting & Demo

6:00 pm/6:30 pm

Demonstrating Artist

Mandy Toliver

**March 3**

Follow-up Workshop  
by Mandy Toliver  
(See page 4 for details.)

March Featured Artist

Gary Harden

April Members Juried Show

(See page 6 for details.)

**Porter Hall Gallery**

4910 Memorial Drive  
University & La Mesa Blvd.  
(619) 464-7167

**Gallery Hours**

11:00 a.m. - 4:00 p.m.

Tuesday thru Saturday

(Closed Sunday and Monday)

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March Demonstrating Artist

## Mandy Toliver

Mandy Toliver is a Florida native, now a La Mesa resident, by way of Virginia and Hawaii. A child of a Native American/French mother and Corsican father, she grew up, she says, between a cypress swamp and the 'Forgotten Coast' of the Gulf where a deep respect and appreciation of nature was instilled. She is most comfortable in the wild places. With powerful ties to both the ocean and swampland, water usually plays a strong role in most of her art.

In 1996, when she graduated high school at the age of 17, she moved out of her hometown to Tallahassee and then attended nursing school, graduating when she was 19. She met her husband in Gainesville, while working together at a local hospital there. A few years later, he enlisted in the Navy, and the two of them have been on an adventure ever since! They have been in San Diego now for a little less than two years.

Last year, Mandy felt blessed in being able to start her own business, *Ha'aheo Art*. She is just starting out, so is doing mostly commission work. She is slowly adding to her inventory. While she has no formal training in art, she says that her mother did and taught her, very early on, to not just look, but to see. Thus, she gained the ability to "see" the shapes, light, colors, movement, the feel, and how they work together. Mandy says that her mother taught her

*(continued on page 2)*

BOARD/COMMITTEES

PRESIDENT

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GALLERY

(619) 464-7167



**Message from the Chair...**

We're already jumping into March. Yikes! Time flies at supersonic speed these days. It did for me last year as well when I finally completed my Old Masters Show piece after the show. So, yes, I entered it in this year's show. Be sure to see the Old Masters Show currently on display, and vote for your People's Choice pieces (the winner will be announced at our members meeting on March 1<sup>st</sup>. There are so many superb pieces on display in the show, confirming Foothills has incredibly talented artists.

We had to do some emergency juggling in our guest artist scheduling in February. Gary Dyak was our hero, readily jumping in as our last minute, impromptu guest artist and demonstrating his in-depth knowledge of colored pencil mastered techniques. Gary conveyed a detailed review of the materials, papers, and post work protective processes used in creating his bright and luminous works of art. I now know that there are wax based pigment pencils (which can tend to cloud up) and oil based pigment pencils (which hold a clear finish). I also learned that after completing your pencil work, it can be protected by carefully and lightly spraying it with a fixative (letting it dry well between layers) and, subsequently, brushing on a 50% diluted (with water) acrylic varnish. Who knew? Well, you can learn that, and more, by taking Gary's workshop on Tuesday, February 20<sup>th</sup> (10 am to noon). To sign up, contact Mandy (352) 672-2539 or [herrison101@yahoo.com](mailto:herrison101@yahoo.com).

I continue to be amazed and inspired by February Featured Artist Dominique Eichi's pen & ink urban and nature sketches (to which she applies just the right amount of color splashes). As you recall, Dominique was our demonstrating artist last October. You may enjoy Dominique's wonderful collection of work, which hangs at the gallery until the end of February. Thank you, Dominique.

Please feel free contact me at [ffht13@gmail.com](mailto:ffht13@gmail.com) with your thoughts, suggestions or questions about our Foothills Art Association.

*Scott Trimlett, President*

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**Mandy Toliver** *(continued from page 1)*

to tell a subtle story using the sound, the smell, and the emotion of a place. She learned that the whole earth is a song, if we can just be still long enough to hear it.

*The demonstration by Mandy Toliver follows the Foothills members meeting Thursday, March 1<sup>st</sup> (6:30 pm). Everyone is welcome!*

*A follow-up workshop by Mandy will be Saturday, March 3<sup>rd</sup> (9-11 am).  
(See page 4 for details.)*



*March Featured Artist*

## **Gary Harden**

While in college creating illustrations for a small newspaper, Gary Harden, who had no formal training in art, began to teach himself. At that time, newspapers and magazines relied upon hand-drawn illustrations of consumer products for their publications and advertisements. Computer graphics were yet to be born, so his art training was fairly simple; if it's a tractor it should look like a tractor. Understanding the use of light, chroma, saturation, hue, cool vs warm, etc. was never needed as most all illustrations were drawn and printed in black and white where shading values were the only considerations beyond likeness.

In his current artwork, Gary attempts to create “representations” of many random subjects and settings. His pleasure from art comes from being able to create subjects and see them take form, emerging from a blank canvas or paper. He wants to create art that allows the viewer to identify and enjoy the subject without question.

Gary follows the words in the poem “The Task” where poet William Cowpens writes, “Variety is the spice of life”. And so, he works with oil, pastels, acrylics, colored pencil, airbrush, watercolor, pen and ink on canvas, panel, paper and mat board, each of which provide individual and distinct challenges. These challenges have created successes and failures. Gary has found that both the successes and failures have added to his learning experiences and kept him engaged in the creation of art.

Gary’s journey continues down his path to finding an artistic passion and establishing a “style or niche”. Personally, for him, art is a means of self-expression which, as he overcomes its challenges, provides a simple enjoyment regardless of the outcome.

*Meet Gary Harden and enjoy his artwork at an Artist’s Reception  
Saturday, March 10 (3:00 – 5:00 pm)  
Foothills Gallery*

### Congratulations to Foothills Artists Recently Juried-In as Future “Featured Artists”

Gary Harden, Kathleen A McLaughlin, Dominique Eichi, Nora Curran,  
Nonita Degen, Racquel Gabuy, Michelle Rachels, and Bob Pinner

*Dominique Eichi’s artwork is featured at the gallery in February; Gary Harden in March;  
Bob Pinner in April; and Sharon Thomas in May.*

## Member News, Activities, Events, and Programs

**In memorial: Jack Jordan has passed away at the age of 88.** Jack had a long, distinguished career as an artist doing western art, portraits, and newspaper illustrations. He is listed in "Who's Who" among illustrators/artists. Many Foothills artists took classes from Jack and enjoyed his lively instructions peppered with fun and entertainment. He was a longtime member of Foothills, teaching classes, giving demos and workshops. Many knew him and appreciated his teaching and talent. He will be missed.

**Gary Dyak was the hero of the day** when he filled in for Leo Rivas who had been advertised as the demonstrating artist at our February 1<sup>st</sup> meeting but was unavailable. As an impromptu demonstrating artist, Gary masterfully explained and described his exhaustive knowledge of color pencil artwork materials, papers used and incredibly useful tricks he has acquired. The members enjoyed and learned much from his talk, and they thanked him with a big round of applause. Gary is doing a follow-up workshop on Tuesday, February 20<sup>th</sup> at the gallery. For more info, contact Mandy Toliver at (352)672-2539 or [herrison101@yahoo.com](mailto:herrison101@yahoo.com).

**Dottie Hayes won 2<sup>nd</sup> Place** at the East County Art Association's Winter Show for her painting "Eye on the Shore".

**Terri Nelson's mini of Spanish Village** called "Art and About" is in the February San Diego Watercolor Society's themed show, *Relentless Color*.

Follow-up Workshop

by

*Mandy Toliver*



**Saturday, March 3**

**9:00 – 11:00 am**

**\$25 for members and \$35 for non-members**

**RSVP: Mandy Toliver at (352)672-2539 or [herrison101@yahoo.com](mailto:herrison101@yahoo.com)**

*In the workshop, Mandy will help you create a custom waterscape with acrylic using techniques to simplify movement, reflection, and light. All supplies will be provided.*

Member News (continued from page 4)

**Foothills is pleased to announce the upcoming roster** of demonstrating artists and their follow-up workshops:

- April 5<sup>th</sup> – Paul Strahm/plein air – light perspective/oil with workshop on April 7<sup>th</sup> (11 am - 12:30 pm);
- May 3<sup>rd</sup> – Kevin Pack / watercolor with workshop May 12<sup>th</sup> (10:00 am - 12:00 pm)
- September 6<sup>th</sup> – Carol McClure / scratchboard with workshop September 8<sup>th</sup> (10:00 am - 12:00 pm)
- October 4<sup>th</sup> – Gene Locklear /Native American Portraiture with workshop TBA.
- November 1<sup>st</sup> - Duke Windsor with workshop on November 10<sup>th</sup> (10:00 am - 1:00 pm)

**As always, we urge you to sign up to sit the gallery.** We are obligated, under our lease with the City of La Mesa, to keep the gallery open to the public. And, of course, it is good for our organization and artists. So, please, call the gallery at (619) 464-7167 and schedule a date, which is convenient for you, to sit the gallery. We appreciate your willingness to volunteer!

**COLORED PENCIL SOCIAL GROUP**

Second & Fourth Wednesdays (10 am - 2 pm).

\$2.00 fee and participants are encouraged to bring their lunch

For more information, contact Gary Dyak at [ggd2@cox.net](mailto:ggd2@cox.net)

**LIFE DRAWING GROUP**

First & Third Mondays (2-4 pm) at the gallery

For more information, call Carol Kubie at 619-303-0821

**FRIDAY PAINTERS**

Fridays (1:00 - 3:30 pm) at the gallery

For more information, contact Skip Mills at [sundeanxv@att.net](mailto:sundeanxv@att.net)

**Foothills' Entry Form**  
**MEMBERS SHOW - MARCH 2018**

Title \_\_\_\_\_

Name \_\_\_\_\_

Medium \_\_\_\_\_

Phone \_\_\_\_\_ Cost \_\_\_\_\_ +Tax

**Foothills' Entry Form**  
**MEMBERS SHOW – MARCH 2018**

Title \_\_\_\_\_

Name \_\_\_\_\_

Medium \_\_\_\_\_

Phone \_\_\_\_\_ Cost \_\_\_\_\_ +Tax

Let's Discuss Painting  
**Eastern Approach to Learning**  
by Stephen Smith



The approach to learning in the East is different than in the West. Most of our learning methods in the West come from the Ancient Greek and Hebrew traditions based on a student-to-teacher question and answer format. However, that is not the way of the eastern traditions.

In the West, we pride ourselves, in the west, on our multi-tasking skills. But in the East, this is not so. In eastern culture, one single point of focus is critical for learning. The mind must be empty, like a blank page to be written on. The ears cannot function if the tongue is active. When the tongue moves, the mind fills. It is like a glass already full, asking for more to be poured in. For the Asian, this is a waste of teacher and student time.

Eastern culture believes when the empty mind absorbs the teaching and then diligently practices what has been learned, one can execute the techniques needed without dwelling on them. This concept of learning is encompassed in the Japanese Zen term “mushin” meaning “mind of no mind”. Mushin is practiced not only in Asian painting, but many other Asian disciplines as well.

*Stephen Smith is a member of the Foothills Art Association and was the Featured Artist at the gallery in August 2017. He is certified in Asian brush painting's “Four Gentlemen” explained in the following excerpt from Wikipedia:*

*“In Chinese art, the Four Gentlemen, also called the Four Noble Ones, are four plants: the plum blossom, the orchid, the bamboo, and the chrysanthemum. They are most typically depicted in traditional ink and wash painting and they belong to the category of bird-and-flower painting in Chinese art. The Four Gentlemen have been used in Chinese painting since the time of the Song dynasty (960–1279) because of their refined beauty, and were later adopted elsewhere in East Asia by artists in Korea, Japan, and Vietnam. As they represent the four different seasons (the plum blossom for winter, the orchid for spring, the bamboo for summer, and the chrysanthemum for autumn), the four are used to depict the unfolding of the seasons through the year.”*



**ANNUAL MEMBERS JURIED SHOW - APRIL 2018**

*Foothills' artists are invited to enter the Annual Members Juried Show which is our associations' highlight event. To be eligible for entry into the show, you must be a Foothills' member who has exhibited in three shows between April 2017 and March 2018 (the Wildlife in Art Show counts as a showing). The juror for this year's show will be Jamie Wright, a notable, accomplished, local artist.*

**Entry Fee:**        **\$20/one entry + \$10/second entry + \$10/third entry**  
*Acceptance of each entry is to be determined by the juror.*

**Entry Date:**        **Thursday, April 5<sup>th</sup> (11 am - 4 pm)**

**Awards:**            **1<sup>st</sup> Place - \$400    2<sup>nd</sup> Place - \$250    3<sup>rd</sup> Place - \$100**

**For more information**

**Roberta Labastida (619)460-5418 or rudylabastida@cox.net**

Minutes of the Board Meeting - January 29, 2018 – by Gary Dyak, Secretary

*(to be considered for approval board meeting on February 26<sup>th</sup>)*

Present: Renee Cuifo, Scott Trimlett, Roberta Labastida, Carol Kubie, Linda Michael, Judy Sawyer, Eva Marie Fauke Mandy Toliver and Gary Dyak

AGENDA TOPICS

1. Demonstrating Artists and related workshops – Mandy has booked the following demonstrations and workshops for 2018: February – Leonardo Rivas / mixed media and workshop on 2/10 from 11-1:30, March – Stephen Smith / Sumi-e with workshop on 3/10 from 9-10:30, April – Paul Strahm / Plein Air – light perspective/oil with workshop 4/7 from 11-12:30, May – Kevin Pack / Watercolor with workshop 5/12 from 10-12:00, August – Duke Windsor – workshop to manage inventory and disposition of art, also the potential of a Kevin Pack workshop for Photographing your art for show applications. September – Carol McClure / scratchboard with workshop 9/8 from 10-12:00, October – Gene Locklear – Native American Portraiture – workshop TBA. November Duke Windsor – TBA with workshop on 11/10 10-1:00.
2. Melissa held a very successful jury session for Featured Artist candidates with the following schedule: February – Dominic Eichi, March – Gary Harden, April – Bob Pinner, May – Sharon Thomas. Additionally, the following artists have been juried in and will be scheduled: Kathleen A McLaughlin, Nora Curran, Nonita Degen, Racquel Gabuy and Michelle Rachels.
3. Scott has initiated contact with Joshua Gomez of the La Mesa Community Services Department concerning the feasibility of setting up pop-ups/booths for our member and community artists to display their artwork for sale. We were thinking that May would be a feasible target date. He reported that Saturdays are likely a problem due to Little League baseball season. Food can only be served via La Mesa licensed food trucks and serving alcohol would require separate licensing permits with roped-off controlled access areas. Scott will continue discussions with Joshua.
4. Carol Kubie and Linda Michael will revisit discussions with Sharp Grossmont Hospital concerning exhibiting FAA member's artwork in the hospital once we have our artists gallery set up on the website.
5. Scott has been in discussions with the San Diego Watercolor Society's tech director regarding the possibility of her reviewing our website to help determine what is needed to have the artists gallery added to our website.
6. The SD Voyager Magazine is interested in having our FAA group and our gallery be considered as a subject of a Hidden Gem article in their publication. Scott will send Patrick Harris a message conveying we are interested.
7. Gary will contact Discovering My City – La Mesa edition about having an article or column with upcoming events, Featured Artists, etc.
8. Eva Marie reviewed and updated the Information for Gallery Sitters document. All gallery sitters will be encouraged to read the new changes.
9. Bob has proposed a Co-op method for determining the People's Choice awards for the Old Masters Show. He has volunteered to tabulate the ballots for determining the winner. There will be one winner and a ribbon will be awarded.
10. Jamie Wright will be the juror for our Annual Members show in April.
11. Hazel and Roberta have suggested that it is time to plan for our Board nominating committee to start operating in March with a proposed Board established in April and then voted on in May, and board members installed in June. The Bylaws concerning the board nominating committee will be reviewed at the February 26<sup>th</sup> Board meeting.
12. It was decided to keep the board meetings on the first Monday of the month.
13. Scott will send a message to the Atkinson's asking them to describe the benefits they experienced and the reason they have been running the Wildlife in Art show. This will help in our campaign to solicit volunteers to be mentored by the Atkinson's in prepping for next year's show.

The meeting was adjourned at 11:20 am.

The next board meeting date and time will be February 26<sup>th</sup> at 10:00 am.



## ***The Foothills Art Association welcomes new members...***

*Since 1949, the mission of the Foothills Art Association has been to promote the advancement of fine arts in the community and to benefit individual artists through association.*

*Membership helps artists expand their creativity and enhance their appreciation of art.*

*By becoming a member, whether you are an artist or not, you will be supporting artistic education and events in the community.*

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip Code \_\_\_\_\_

Telephone \_\_\_\_\_ Email \_\_\_\_\_

- Active Membership*      \$ 30.00 *(includes hanging/selling privileges)*
- Associate Membership*      \$ 20.00 *(excludes hanging/selling privileges)*
- Junior Membership*      \$15.00 *(Under 18-years old)*
  
- New Member*
- Returning Member*

*My signature below releases the Foothills Art Association and all persons connected with the exhibiting and handling of works of art submitted by me from any responsibility for the loss or damage by fire, theft, or other hazards connected with the exhibiting and handling of those works.*

Signed \_\_\_\_\_ Date \_\_\_\_\_

***Send renewal form and check to:  
Foothills Art Association, P.O. Box 794, La Mesa, CA 91944***

*Foothills' President- Scott Trimlett – (619)203-4098 or [ffht13@gmail.com](mailto:ffht13@gmail.com)*

*Gallery Coordinator Eva Marie Fauke - [foothillsartgallery@gmail.com](mailto:foothillsartgallery@gmail.com)*

*Footnotes Editor-Linda Michael (619) 463-4580 or [linda.michael@cox.net](mailto:linda.michael@cox.net)*

*Meetings are 1<sup>st</sup> Thursday of the month (Social & Snacks at 6 pm, then Business & Demo at 6:30pm)*

*View the Foothills Art Association website at [www.foothillsartassociation.com](http://www.foothillsartassociation.com).*