



FOOTHILLS ART ASSOCIATION

# FOOTNOTES

[www.foothillsartassociation.com](http://www.foothillsartassociation.com)

DECEMBER 2019

*Happening at Foothills*

**November 16**

*Wildlife in Art  
Awards Reception  
4:30-6:30 pm*

**November 23**

*Follow-up Workshop – 2 pm  
by Carlos Castrejon*

**December 5**

*Holiday Party & Potluck  
& Fundraising Sale  
(details on page 7)*

**January 9**

*Take-in (11am-4pm)  
Meeting/Demo (2-4 pm)*



*Celebrating the Years*

## Foothills' 70<sup>th</sup> Anniversary

On Thursday, December 5<sup>th</sup> (2-4pm), the Foothills Art Association will celebrate its 70 years in the community with a holiday potluck, volunteer appreciation, and a fundraising art sale. Mark your calendar to celebrate this special event at the Foothills Gallery. Donate your extra and unused art supplies or other novelty items to the fundraising sale. You can drop-off these at the gallery any time before the event. Then, come enjoy our celebration and shop for a special holiday gift or two.

The Foothills Art Association has a long history of promoting art in our community. Foothills was founded in the summer of 1949 when Cora B. Payson, who was chairman of the art department of the La Mesa Women's Club, asked the club to sponsor an art guild. That resulted in a meeting of seventy interested, art-minded people at the club house on October 19, 1949. The Women's Club sponsored the new art organization for its first year providing rent-free space for meetings, exhibits, and other activities.

Over the years, the Foothills Art Association has promoted fine arts in a variety of ways. Our membership has grown to over 150 artists whose work is displayed in changing monthly shows at the gallery. Both our annual juried "Membership Show" in April and a judged "Small Image Show" in October (*continued on page 7*)

### Gallery at Porter Hall

4910 Memorial Drive  
University & La Mesa Blvd.  
(619) 464-7167

#### Gallery Hours

11:00 a.m. - 4:00 p.m.  
Tuesday thru Saturday  
(Closed Sunday and Monday)

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PRESIDENT

Scott Trimlett  
(619)203-4098  
*ffht13@gmail.com*

1<sup>ST</sup> VICE PRESIDENT

Mandy Toliver  
(352) 672-2539  
*harrison101@yahoo.com*

2<sup>ND</sup> VICE PRESIDENT

Roberta Labastida  
(619) 460-5418  
*rudylabastida@cox.net*

3<sup>RD</sup> VICE PRESIDENT

Judy Sawyer  
(619) 993-9113  
*watercolorthurs@gmail.com*

TREASURER

Roz Oserin  
*ms.preta@cox.net*

SECRETARY

Toby Scriba  
(619) 403-3609  
*tarts2000@aol.com*

GALLERY COORDINATORS

Mary Jeanne Rechtfertig  
(805) 440-9407  
*foothillsartgallery@gmail.com*  
and

Roberta Labastida  
(619) 460-5418  
*rudylabastida@cox.net*

FEATURED ARTISTS

Judy Sawyer  
(619) 993-9113  
*watercolorthurs@gmail.com*

WEBSITE COORDINATOR

Carol Kubie  
(619) 303-0821  
*qbservices1@aol.com*

HISTORIAN & FACEBOOK  
COORDINATOR

Renee Cuifo  
*reneecuifo@gmail.com*

NEWSLETTER EDITOR

Linda Michael  
(619) 463-4580  
*linda.michael@cox.net*



Message from the Chair...

What an astonishing collection of breath-taking wildlife artworks (selected, accepted, and judged by Juror Lee Kromschroeder) is now on display in our 30<sup>th</sup> Annual Wildlife in Art Show at the gallery until December 4<sup>th</sup>. We're anticipating a well-attended, exciting Awards Reception on Saturday, November 16<sup>th</sup> (4:30-6:30 pm) with participating artists, admiring patrons, and art enthusiasts all waiting to hear who the winners might be. Our very grateful thanks go to Debbie and Lee Atkinson for managing and organizing this major annual open show of both members and other accomplished artists. This is Debbie and Lee's finale in leading the Wildlife in Art show committee. After many years of dedication, they are passing the baton to a group of new leaders. Please contact them or any Foothills board member to become a volunteer so that we can insure the continuance of the Wildlife in Art Show for years to come.

In addition to celebrating the 30<sup>th</sup> anniversary of the Wildlife in Art Show, we will be celebrating the 70<sup>th</sup> Anniversary of our wonderful Foothills Art Association at our next meeting on December 5<sup>th</sup> (2-4 pm) with a holiday potluck, volunteer appreciation and fundraising art sale. We hope you are there to celebrate with us.

At our November meeting/demo, we were thoroughly entertained by Carlos Castrejón. We learned how he immerses himself into his work using an amazing blend of charcoal drawings, a generous spread of gesso and a vast array and mix of colors to play out his pieces. An incredibly impassioned artist, he thoroughly enjoys using any tools, media and other material that can become a canvas to mix the oils of his hands with his paint pigments of choice. Carlos' words of advice: "When creating your art "...think of yourself in the middle of a spectrum of perfection at one end and a bunch of mistakes at the other... ..next, understand that perfection can never be achieved and that there are no mistakes; every piece is a learning experience and the only important thing for you as an artist, is that your artwork creations bring you joy." I hope are able to attend his workshop on Saturday, November 23<sup>rd</sup> (2 to 4 pm) at our gallery. Our guest artist workshops are amazing opportunities for us all.

We look forward in December to the pleasure of having our true master member, Sandra Hayen, as our Featured Artist. I love her work and will take pleasure seeing her artwork adorning our gallery walls. I hope to see you all soon, but in the meantime, keep drawing and painting, and, then please, share your creations with us.

*Scott Trimlett, President*

December Featured Artist at the Gallery

A Reflection of My Love for Nature

by Sandra Hayen



My oil paintings are a reflection of my love for nature—God’s creation and handiwork. The sheer beauty of nature becomes me to capture its ever-changing moods on canvas. Such views as a soft meadow on a spring morning, a silhouette of trees at dusk or a meandering garden pathway draw me to interpret them in paint. Although I have worked in other mediums including pastel, colored pencil, and charcoal, I now prefer to work exclusively in oil. The “feel” of applying paint to the canvas, the freedom of blendability, its texture and luster all contribute to the allure of oil paint. Working in stages and layers of application allow for the effects that I desire.

Traditional realism to impressionism represent my painting styles. Though largely self-taught, I have been influenced greatly by studying works of the Old Masters and the American Impressionists. Visiting the Louvre in Paris, the Hermitage in Russia and other gallery/museums in Europe and the United States has contributed to my artistic growth.

Although I create the majority of my works in my studio, I have come to appreciate the spontaneity of plein-air painting in recent years. I strive to convey a sense of beauty, sensitivity and serenity in my interpretation of nature, being pleased when others sense these feelings in my paintings. Bringing happiness to others through my work and teaching is a source of joy to me. Painting has opened a new world to me and art has become an integral part of my life. I paint because I can’t imagine not painting!

*Sandra Hayen’s artwork has been displayed in numerous publications including Southwest Art Magazine, Art-Talk, and the East County Californian. She has taught at Grossmont Adult Education, Helix Adult Center, College Avenue Community Adult Center, and in private oil painting classes in Coronado and Lemon Grove. Her work has been shown at the San Diego Museum of Art Festival of Fine Arts, the San Diego Hospice, Mission Trails Regional Park, and at the Foothills Gallery. She is a member of the Oil Painters of America, California Art Club, San Diego Museum of Art Artists Guild, and the Foothills Art Association.*

***Sandra Hayen’s work will be featured at the Foothills Gallery from December 6<sup>th</sup> through January 8<sup>th</sup>.***

*Presented at the November 16<sup>th</sup> Reception*

## **2019-WILDLIFE IN ART AWARDS**

**1st Place** - Kenda Francis - *Princesa Jaguar* (Acrylic Media)

**2nd Place** - Elaine Harvey - *Zooming In* (Watercolor)

**3rd Place** - Robert Berry - *Wrasse* (Wood Carving)

**Barbara McDermott Memorial Award ~Jack Richeson & Co., Inc. –**  
Valerie Grischy – *Cool Cat* (Pastel)

## **SPECIAL AWARDS**

**Wildlife in Africa Award ~ Bill Barr** - Peggy Bradshaw-Palm - *Passing Through* (Oil)

**San Diego Drawing Guild Award** - Carol McClure - *Two Owlets* (Scratchboard & Ink)

**Bastet Award ~ Atelier Bastet, Barracks 16 #209, Liberty Station –**

Anita Plaks - *Young Tiger* (Pastel)

**Louis Teincuff Award ~ Carolyn Teincuff –**

Mary Jeanne Rechtfertig - *Dusk Meeting* (Acrylic)

**Artistic Finesse Award ~ Scott Trimlett** - Sandra Hayen - *Freedom* (Oil)

**C. McClure Award** - Debbie Hughbanks - *Heads Up* (Pastel)

**Endangered Species Award ~ Debbie & Lee Atkinson –**

Carl Glowienke - *Blue Whale* (Bronze)

**Marilyn Grame Award** - Kathleen J. McCarthy - *Night Light* (Scratchboard)

**Billie Mear Award** - Duke Windsor - *Golden Eagle* (Charcoal & Gold Leaf)

## **HONORABLE MENTION**

**Nainsook Framing + Art Award** - Gloria Chadwick - *Predator Patrol* (Watercolor)

**Jack Richeson & Co., Inc. Award** - Roz Oserin - *Cat Call* (Mixed Media)

**Jack Richeson & Co., Inc. Award** - Anita Plaks - *On the Fence* (Pastel)

**Artist & Craftsman Supply Award –**

Bonnie Rinier - *Said the Raven to the Crow* (Watercolor)

**Ampersand Art Supply Award –**

Drew Bandish - *Loping Along - Adolescent Lioness* (Watercolor)

**Farmer's Table Award** - Carolina Dealy - *Southern Cassowary* (Watercolor)

*At the Gallery until December 4<sup>th</sup>*

## Our 30<sup>th</sup> Annual Wildlife in Art Show



This year's Wildlife in Art Show was another wonderful success. FAA President, Scott Trimlett, spearheaded a complete renovation of the gallery to celebrate our organization's 70<sup>th</sup> anniversary and the show's 30<sup>th</sup> anniversary. With support from Rusty Holec, and Lee Atkinson, everything that was previously painted burnt orange, as well as the vertical window panels, now have a fresh coat of silver-gray paint. The two 45-degree panels in the back gallery were painted coconut gray. Finally, all walls were given a scrub and touched up with wall white paint and the baseboards were given a new coat of the same paint. Jeanne Rechtfertig

and Debbie Atkinson gave the gallery a final shine to floors, windows, kitchen, and the restroom.

The reception, as always, was well attended and enjoyed by all. Thanks to our members for bringing the usual fine array of tasty treats. Also, thanks the FAA board, a wonderful selection of appetizers from Cupid's Catering was served as well as a delicious cake from Claim Jumper. What a great feast.

Lee Kromschroeder, this year's jurist, was really impressed with the high quality of the art entered and did a great job selecting the top pieces for the show from the 100 entries submitted by 55 artists. All totaled, 19 award ribbons were presented, representing over \$2,600 in cash and merchandise awards. We thank Lee for selecting a nicely balanced show, reflecting diversity in both subject matter and media.



We extend our thanks to the business and personal award sponsors for their generosity and continued support. A link to contact information for our business sponsors will be posted on the Wildlife in Art page at [www.foothillsartassociation.com](http://www.foothillsartassociation.com). Please remember our business sponsors when making your art supply and dining purchase decisions. We will post the names of winning artists and art pieces to the website.

As always, the show's success was the result of lots of planning and hard work by a myriad of members, all of whom we owe a lot of gratitude. Heartfelt thanks to the Wildlife in Art Committee (Debbie and Lee Atkinson, Carol Harris, Glenn Osga, Barbara Drews) who worked diligently behind the scenes preparing show correspondence, soliciting award sponsors, ordering ribbons, readying show material, and taking in the art; to Linda Michael for her timely distribution of show information to members; to the FAA board for all their support of the show; to Toby Scriba for the rack covers; to Roberta Labastida for coordinating the reception activities; to the Take-in Team, the Hanging Committee, the Gallery Painting Crew, The Reception Set-up Crew, the Food Service Crew, and the Reception Clean-up Crew; and to all those who pitched in where needed to make things flow smoothly.

We want to give a special thanks to Nancy Conney and Sharyl from Sky Hunters for, once again, bringing the owls to the reception for all to enjoy.

*Shown above:*

*1st Place - Kenda Francis - Princesa Jaguar; 2nd Place - Elaine Harvey - Zooming In; 3rd Place - Robert Berry - Wrasse*

## Member News, Activities, Events, and Programs

**Gloria Henderson** has two paintings (“Sisters Under the Skin” and “Toe Stretch”) showing at the San Diego Watercolor Society in November.

**Phebe Burnham** has paintings showing at Rancho San Diego Library. Her artwork is also showing at the Descanso Junction Restaurant and in the adjacent American Rustic Furniture owned by Tammy Cooker and husband Brett who has designed some of the really neat furniture on display. Their grand opening was November 1<sup>st</sup> which packed the place. Phebe recommends you check out this neat addition to Descanso. She says that the food at the restaurant is delicious and generous, too

**Lisa Bebi** is the new curator at Rancho San Diego Library starting January 2020. Anyone interested in showing at the library should contact Lisa at [lisabebiart@aol.com](mailto:lisabebiart@aol.com) and should attach up to four images, if possible. Lisa also holds Monday morning three-hour workshops out of her house in La Mesa. Projects change every week. Contact Lisa at [lisabebiart@aol.com](mailto:lisabebiart@aol.com) to be placed on her email list.

### **WINTER MEETING SCHEDULE**

**December 5<sup>th</sup>, January 9<sup>th</sup>, and February 6<sup>th</sup>**

**2:00 – 4:00 pm**

The Member Meeting/Demo in the months of December, January, and February are held in the afternoon (2–4 pm) in consideration of members who cannot drive at night. Also, because of the New Year Holiday, our January meeting and take-in/pick-up is rescheduled for Thursday, January 9<sup>th</sup>.

### **SAN DIEGO DRAWING GUILD**

Wednesdays (10 am - 2 pm) at the gallery

\$2.00 fee and participants are encouraged to bring their lunch

For information: Gary Dyak at [ggd2@cox.net](mailto:ggd2@cox.net)

### **LIFE DRAWING GROUP**

First & Third Mondays (2-4 pm) at the gallery

For information: Carol Kubie at 619-303-0821

### **FRIDAY PAINTERS**

Fridays (1:30 - 3:30 pm) at the gallery

For information: Skip Mills at [sundeanxv@att.net](mailto:sundeanxv@att.net)

Let's Discuss Painting

## Finding Inspiration

by Scott Trimlett

As many of you likely know, since retiring in 2014 from my day job, I immersed myself into our local East County Adult Education art classes instructed by our own member and much accomplished award winning signature artist, Drew Bandish. Currently, I partake in two of his classes each Friday at the La Mesa Adult Enrichment Center which is across the street from our Foothills Gallery. It's a great and convenient venue for artistic learning and to mix with a collection of the best artist friends you can find.

As a matter of fact, one of my first connections there, Roberta Labastida, was a friend who encouraged and invited me to consider becoming your fearless (mostly, that is) leader. So I did, saying: "Sure, why not?"



With that in the history books, I recently went outside in the back of our watercolor class to take a phone call from my oldest son, Andy. While chatting with him I gazed down at the garden above the block retention wall and spotted some fun curl-shaped plant bits. I quickly arranged them on top of the wall and took a picture (pictured on left). After mulling over what to do with the image, I came up with *Nature's Curls Adorned* (shown on right).

So, though I've said it before, I'll say it again, "Art inspirations can be found all around us." Just keep your eyes peeled and let your imagination wander to see what you can come up with to inspire your artistic creations.



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### Celebrating 70 Years (continued from page 1)

have grown in size and quality over the years. The "Old Masters" show is an annual favorite in February. The "Wildlife in Art Show" is a juried competition which is open to all artists and attracts artists throughout southern California. Proceeds from the "Wildlife in Art Show" fund an annual donation by Foothills to the Helix High School art department. Foothills supports other civic projects including exhibits in local businesses and special gifts to local charities during the holidays. This spring, Foothills collaborated with La Mesa Beautiful (a horticultural organization dedicated to making La Mesa a more beautiful place to live) when the two organizations presented an Art & Garden Show/Sale at La Mesa's Harry Griffin Park.

*Shown on front page: "Fresh Snow" by Drew Bandish*

### **70<sup>th</sup> Anniversary Celebration and Volunteer Appreciation Holiday Potluck & Fundraising Art Sale**

Thursday, December 5<sup>th</sup> (2 – 4 pm)

Foothills Gallery

Mark your calendar to celebrate this special event at the Foothills Gallery.

Donate your extra and unused art supplies or other novelty items to the fundraising sale. You can drop-off these at the gallery any time before the event.

Then, come enjoy our celebration and shop for a special holiday gift at the sale.



FOOTHILLS ART ASSOCIATION  
P.O. Box 794  
La Mesa, CA 91944-0794

## Annual Membership Form

*The Foothills Art Association welcomes your membership.  
We strive to provide local artists with opportunities  
to expand their experience and to show their artwork.  
To join or renew, print and complete this form.  
Mail it with your annual dues to the address below.*

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip Code \_\_\_\_\_

Telephone \_\_\_\_\_ Email \_\_\_\_\_

<u>Enhanced Membership</u> (includes hanging/selling + website gallery)	\$ 40.00
<u>Active Member</u> (includes hanging/selling privileges)	\$ 30.00
<u>Associate Member</u> (excludes hanging/selling privileges)	\$ 20.00
<u>Junior Member</u> (under 18-years old)	\$ 15.00

New Member \_\_\_\_\_ Renewal \_\_\_\_\_ Updated Info \_\_\_\_\_

Are you interested in volunteering to help with Foothills' activities? Yes \_\_\_ No \_\_\_

*My signature below releases the Foothills Art Association and all persons connected with the exhibiting and handling of works of art submitted by me from any responsibility for the loss or damage by fire, theft, or other hazards connected with the exhibiting and handling of those works.*

Signed \_\_\_\_\_ Date \_\_\_\_\_

**Print and complete this renewal form, and mail it with your check to:**  
**Foothills Art Association, P.O. Box 794, La Mesa, CA 91944**