



FOOTHILLS ART ASSOCIATION

# FOOTNOTES

[www.foothillsartassociation.com](http://www.foothillsartassociation.com)

JANUARY 2020

*Happening at Foothills*

**January 9**

*Take-in (11 am-4 pm)*

*Social (1:30 pm)*

*Meeting/Demo (2-4 pm)*

**Demo Artist**

*Gabriel Stockton*

**January 18**

*Follow-Up Workshop*

*by Gabriel Stockton*

*(see page 6 for details)*

**January Featured Artists**

*San Diego Drawing Guild*

**February 6**

*“Old Masters” Show*

*(See page 4 for details.)*



**January Art Demonstration**

## *Gabriel Stockton*

*The Foothills Art Association’s first meeting of the New Year is on Thursday, January 9<sup>th</sup> (2-4 pm) when watercolorist Gabriel Stockton will be the demonstrating artist. Below, Gabriel tells us about himself in his own words.*

“Drawing and painting have always been common place in my life. Throughout my adolescence I would do works of art in the car, at dinner, during church and in many hours in solitude. All kinds of colorful paint were within arm’s reach at my mother’s ceramic studio, aka “the garage.” I had a constant encouragement to stay in my creative element from friends, family members, and many others that would come across my path. As a child, my mother regularly took me to the Bakersfield Museum of Art to participate in drawing and painting classes. As I grew in both age and ability, I found great success in junior high and high school art classes, receiving awards and being invited on special trips to different museums and art schools. In my senior year, I was elected in my high school year book as “Most likely to be a successful Artist.” Long hours were spent in my bungalow at home creating artworks in mixed-media, such as self-portraits, figure drawings, and animated cartoons. Many times, I would take long walks with a sketchbook

*(continued on page 6 )*

**Gallery at Porter Hall**

4910 Memorial Drive  
University & La Mesa Blvd.  
(619) 464-7167

**Gallery Hours**

11:00 a.m. - 4:00 p.m.  
Tuesday thru Saturday  
*(Closed Sunday and Monday)*

*Inside...*

Message from the Chair.....	2
Featured Artist.....	3
Member News.....	4
Let’s Discuss Painting.....	7
Member Application.....	8

PRESIDENT

Scott Trimlett  
(619)203-4098  
ffht13@gmail.com

1<sup>ST</sup> VICE PRESIDENT

Mandy Toliver  
(352) 672-2539  
herrison101@yahoo.com

2<sup>ND</sup> VICE PRESIDENT

Roberta Labastida  
(619) 460-5418  
rudylabastida@cox.net

3<sup>RD</sup> VICE PRESIDENT

Judy Sawyer  
(619) 993-9113  
watercolorthurs@gmail.com

TREASURER

Roz Oserin  
ms.preta@cox.net

SECRETARY

Toby Scriba  
(619) 403-3609  
tarts2000@aol.com

GALLERY COORDINATORS

Mary Jeanne Rechtfertig  
(805) 440-9407  
foothillsartgallery@gmail.com  
and  
Roberta Labastida  
(619) 460-5418  
rudylabastida@cox.net

FEATURED ARTISTS

Judy Sawyer  
(619) 993-9113  
watercolorthurs@gmail.com

WEBSITE COORDINATOR

Carol Kubie  
(619) 303-0821  
qbservices1@aol.com

HISTORIAN & FACEBOOK  
COORDINATOR

Renee Cuifo  
reneecuifo@gmail.com

NEWSLETTER EDITOR

Linda Michael  
(619) 463-4580  
linda.michael@cox.net



Message from the Chair...

At this time of year (the end of 2019 and the beginning of 2020), I hope your holidays have been wonderful celebrating with your family and friends. Now, with the New Year upon us, I invariably find myself writing a few checks with last year's date. Oh well, I bet I have company with that.

2020 is going to be a milestone year for me as I'm turning 70 years old. In many ways, I feel as if I'm still 20. It is trying to keep up with 8 young ones on "Grandkids Wednesdays" when I realize that I am not 20 years old anymore. I love and cherish each and every one of them, but whew!

As some of you likely know, once a month I partake in a Marie Wordell Alumni critique group meeting where participants present and exchange thoughts and inputs about our artwork. It's a great interactive group. Along with the critiques, we also receive a monthly assignment for the next month's meeting. A recent assignment was to create a work in the spirit of Diego Rivera, (which happens to compliment the upcoming Foothills Old Masters Show at the gallery in the month of February.) While I have not yet finished my work on the project, here is what I've come up with so far. This type of dictated assignment is great fun and a wonderful, creative learning experience. So, if you wish, pick a favorite artist and give it a go. Run with the spirit and essence of your own chosen artist in your own creation.



For Foothills, 2020 is going to be another exciting and fast paced year. We kick-off in early January with guest artist Gabriel Stockton, an amazing and fantastic plein aire painter who  
*(continued on page 5)*

*Featured Artists at the Foothills Gallery*

## The San Diego Drawing Guild



The artwork of the San Diego Drawing Guild will be featured at the Foothills' Gallery from January 9<sup>th</sup> to February 5<sup>th</sup>. The mission of the San Diego Drawing Guild is simple. It was founded to provide a non-competitive and supportive environment in which artists of all levels can pursue their love of drawing, enhance their skills through the sharing of knowledge, and enjoy the companionship of other artists.

The life of an artist can be very lonely. Too many times, artists are working their craft at home or in their studio without much communication with other fellow artists. So, a group of us who are drawing enthusiasts, who understood the drawbacks of this isolation, devised a plan to get together to both draw and socialize. The Foothills Art Association allowed us to meet in their gallery at La Mesa's historic Porter Hall which we have found to be a wonderful venue for our group. We have a core group of 10-12 artists (including Gary Dyak, Sharon Meng, Connie Grace, Terezia Csori, Rhonda Anderson, Carolyn Kenny, Lois Roussell, Eddie Stewart) and others who pop in occasionally. The one comment we hear most from members in our group is how grateful they are to have a place to come and draw.

If you would like to draw with a supportive group of like-minded artists, please join us. If you would like to view the work of our artists, you will find it featured at the gallery from January 9<sup>th</sup> to February 5<sup>th</sup>.

The San Diego Drawing Guild  
meets weekly on Wednesdays (10 am - 2 pm) at the Foothills Gallery.  
Participation costs \$2.00 and participants are encouraged to bring their lunch.  
Everyone is welcome! For more information, contact Gary Dyak at [ggd2@cox.net](mailto:ggd2@cox.net)

*Shown above: "Anza Borrego" by Rhonda Anderson*

## Member News, Activities, Events, and Programs

**Debbie and Lee Atkinson deserve a tremendous “thank you”** for their work in making the 2019 Art in Wildlife Show a wonderful 30<sup>th</sup> anniversary celebration. They are now retiring after many years of leadership and guidance in making the Art in Wildlife Show a success. Over the years, they have nurtured additional volunteers including Carol Harris, Glenn Osga, Toby Scriba and Barbara Drews. If you would like to join the team in planning our next year’s show, please contact Toby Scriba at [tarts2000@aol.com](mailto:tarts2000@aol.com).

**Will you join our Foothills “tech team”?** The task is writing/printing the name cards and programs for our member shows. Anyone with some knowledge of Office programs, please contact Roberta Labastida at [rudylabastida@cox.net](mailto:rudylabastida@cox.net) or (619) 460-5418. Thank you so much.

**Lisa Bebi is the new curator** at the Rancho San Diego Library starting January 2020. Anyone interested in showing at the library should contact Lisa at [lisabeiart@aol.com](mailto:lisabeiart@aol.com) and should attach up to four images, if possible. Lisa also holds Monday morning three-hour workshops out of her house in La Mesa. Projects change every week. Contact Lisa at [lisabeiart@aol.com](mailto:lisabeiart@aol.com) to be placed on her email list.

**Pat Yeakey shared sad news about her mom Fran Hill**, president of the East County Art Association. Fran had a stroke on the November 13<sup>th</sup> and after two weeks in a care facility is now home under Pat’s care. Pat says, “ Her voice is very weak, as is her left side. It was a bad stroke, but her mind is still sharp! (thankfully), This has also affected her eyesight so we have a tough road ahead of us. Prayers and positive thoughts are welcome!”

**Annette Cirillo’s acrylic on canvas series**, “Liquid Libations”, is on display at the Next Door Craft Beer and Wine Bar (7235 El Cajon Blvd, San Diego, 92115) through December 21<sup>st</sup>.

**Barbara Drews’ artistic birdhouses are for sale** at the Julian Christmas Tree Ranch in Julian. There is a selection of holiday and non-holiday themed houses in a variety of sizes. Barbara’s birdhouses can also be seen and purchased at the Woman’s Museum at Liberty Station.

### Copies Welcome! Start Painting Now

## February’s “Old Masters” Show

All Foothills’s members are invited to enter the “Old Masters” February show. To qualify, your artwork must be a reproduction of an old master’s work at least one hundred years old. You may change the size and medium of your reproduction to your liking. Your artwork must show your signature followed by “d’après” and the name of the original artist. This year, please submit a 4”x 5” or 5”x 6” photo of the original which we will hang next to the painting. You can print the photo from a computer image or from a book or magazine.

Entries must be submitted on Thursday, February 6<sup>th</sup> (11 am to 4 pm) at the gallery. Start working now on your “old master” and we will have another wonderful show in February!

Message from the Chair *(continued from page 1)*

will share the insights and skills he uses to create beautiful cityscapes. Gabriel's demonstration, which will follow our first members meeting of the year, will be on Thursday, January 9<sup>th</sup> (2-4 pm). I'm looking forward to seeing you then. Join me, too, for his follow-up workshop on Saturday, January 18<sup>th</sup>. It is surely a workshop that you'll want to take (*see page 6 for more information*).

We finished 2019 at the gallery with the breath-taking work of our December Featured Artist Sandra Hayen. I so love her work and hope you were able to enjoy her work as I did. In January, we'll have a fantastic follow-up. The San Diego Drawing Group whose members meet at the gallery on Wednesdays under the leadership of Gary Dyak, will present a collective Featured Artists display. The group's members create incredible and fabulous works that you'll want to see. (*See article on page 3.*)

I hope to see you all on (or before) our next members meeting day on Thursday, January 9<sup>th</sup> (2-4 p). In the meantime, grab your pens, pencils and paint brushes, and then draw and/or paint away to your heart's content. We hope that you share your creations with us at our gallery in the coming year.

*Scott Trimlett*, President

**WINTER MEETING SCHEDULE**

**January 9<sup>th</sup> and February 6<sup>th</sup>**

**2:00 – 4:00 pm**

*The Member Meeting/Demo in the months of January, and February are held in the afternoon (2–4 pm) in consideration of members who cannot drive at night. Also, because of the New Year Holiday, our January meeting and take-in/pick-up is rescheduled for Thursday, January 9<sup>th</sup>.*

**SAN DIEGO DRAWING GUILD**

Wednesdays (10 am - 2 pm) at the gallery

\$2.00 fee and participants are encouraged to bring their lunch

For information: Gary Dyak at [ggd2@cox.net](mailto:ggd2@cox.net)

**LIFE DRAWING GROUP**

First & Third Mondays (2-4 pm) at the gallery

For information: Carol Kubie at 619-303-0821

**FRIDAY PAINTERS**

Fridays (1:30 - 3:30 pm) at the gallery

For information: Skip Mills at [sundeanxv@att.net](mailto:sundeanxv@att.net)

Gabriel Stockton (continued from page 1)

capturing the urban downtown life of home, and on occasion during summer visits to my father’s farm in Oregon, would have opportunity to draw the beautiful countryside and livestock. My accumulated educational journey truly has the appearance of the adventures of a traveling transfer student, and is listed as follows: Bakersfield Community College, CA, The Art Academy of Cincinnati, OH and Lane Community College, OR.

“Given the variety of mediums I have learned over the years, I placed my concentrated focus on watercolor mastery, sharpening my craft through continued education classes, workshops, paint-outs and with God’s help. I currently live and teach in San Diego, CA and I am a member of the San Diego Watercolor Society.”

Gabriel Describes his Process as an En Plein Air Painter

“Before I even begin to paint I ask a series of questions by looking around for the story that’s happening and discovering the art within it. Inspirations and experiences bring thoughts to mind, often yielding to spend more time looking than painting. Then a thumbnail sketch on rough cold press paper. Images begin to form on the surface and watery paint is loaded to the brush in my hand. Eye catching granulated layers of transparent paint began to form and give rich depth of color. Using four to ten colors I mix primary and complement colors together on 100% rag paper. Values and composition are established for impactful imagery. Lastly, I add some form of movement and/or people... things that give life to the painting.

“Boredom doesn’t come often being in my creative spirit, as there is so much to paint and so many ways to do so. If we just take one step outside with our backpack full of paints and brushes, our beautiful sunny San Diego provides a wealth of inspiration for painting.”

*You may contact the Gabriel @ [www.Zhibit.org/GabrielStockton](http://www.Zhibit.org/GabrielStockton)*



*A Follow-Up Workshop*

**BRUSHWORK WITH WATERCOLORS**

*by Gabriel Stockton*

**Saturday, January 18**

**10 am - 1 pm**

**Foothills Gallery**

*In this workshop, Gabriel Stockton will share practical knowledge about brushes and the ways we can use brushes in our watercolor paintings more effectively. You will gain understanding about the properties of brushes and how they can be used to create interesting effects and moods. He will offer practical ideas about using brushes for En Plein Air. He invites you to join him in this workshop and be encouraged on your personal art journey.*

**\$25 for members and \$35 for non-members**

**RSVP: Mandy Toliver at (352) 672-2539 or [herrison101@yahoo.com](mailto:herrison101@yahoo.com)**

*Let's Discuss Painting*  
**Art is Prayer** *by Bob Pinner*

Oprah once said "art is prayer" which I find reassuring as well as enlightening. Art is a full expression of the self in whatever medium a person can command. If one is accomplished in restoring classic cars, that is art. If one is called to feed the homeless, that is art.

Often prayer is framed as an introspective experience (not connected to an outward action) and devoted to the contemplation of god or some abstract idea. In fact, art begins with the inner concept or inspiration which is then connected to a vision. A religious mystic may have visions of the Virgin Mary or a Buddhist deity. The artist has visions couched in whatever medium he knows. For me it is painting or sculpture, sometimes gardening. I suspect that religious visions would follow from rigorous religious training just as artistic ideas are enriched by training and practice. And, just the appreciation of art could be prayerful.

The source of artistic inspiration is just as remote and intangible as any spiritual enlightenment and it does seem to deepen with practice. Listening to artists speak about their work, you hear a number of themes. They talk of the inspirational idea which could be visual, musical, poetic, etc. They talk of the details of their craft, often in terms the layman can't understand. They talk of obsession, intense activity and focus. Sometimes they experience creativity as something outside their control. They talk of dedication to work, even when inspiration is lacking. They talk of the interface of their art with the culture in which they live. How is this not religious?

For a period in Western history art was harnessed to the teachings of the church and thus the artists, Michaelangelo for example, were doing god's work. Primitive art almost always expresses man's connection with spiritual and supernatural realms. But, art has sometimes expressed purely human longings, even commercial motives. Art can express many things --beauty, nature, sensuality, despair, injustice. The process of these activities can be prayerful or alternately, mechanical, repetitive, routine. Who can say what another person's state of mind might be? In Latin "age quod agis" or "do what you are doing", was referenced by Pope John XXIII. If we dedicate our total attention to an activity, we are doing what God would have us do.

The Dalai Lama teaches that artists have a responsibility to give people hope. And isn't this the role of religion? He adds, "the artist is very much influential and helpful or harmful. It depends on the meaning that the artist is conveying. A person who is developed in meditation can internally create his or her own art. Then there is no need for external art." In this context art and prayer are one.

In prayer, one directs conversation to a universal god. Art is somewhat different in that the artist's attention is to a creation not a creator. The artist is like god, creating from an inner spirit. St. Paul said, "the fruits of the spirit are love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control" as a way of discerning whether one's faith was true and of good purpose.

One aspect of the act of creating is joy. Hopefully, a product of prayer is also joy.



FOOTHILLS ART ASSOCIATION  
P.O. Box 794  
La Mesa, CA 91944-0794

## Annual Membership Form

*The Foothills Art Association welcomes your membership.  
We strive to provide local artists with opportunities  
to expand their experience and to show their artwork.  
To join or renew, print and complete this form.  
Mail it with your annual dues to the address below.*

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip Code \_\_\_\_\_

Telephone \_\_\_\_\_ Email \_\_\_\_\_

<u>Enhanced Membership</u> (includes hanging/selling + website gallery)	\$ 40.00
<u>Active Member</u> (includes hanging/selling privileges)	\$ 30.00
<u>Associate Member</u> (excludes hanging/selling privileges)	\$ 20.00
<u>Junior Member</u> (under 18-years old)	\$ 15.00

New Member \_\_\_\_\_ Renewal \_\_\_\_\_ Updated Info \_\_\_\_\_

Are you interested in volunteering to help with Foothills' activities? Yes \_\_\_ No \_\_\_

*My signature below releases the Foothills Art Association and all persons connected with the exhibiting and handling of works of art submitted by me from any responsibility for the loss or damage by fire, theft, or other hazards connected with the exhibiting and handling of those works.*

Signed \_\_\_\_\_ Date \_\_\_\_\_

**Print and complete this renewal form, and mail it with your check to:**  
**Foothills Art Association, P.O. Box 794, La Mesa, CA 91944**